

## Nutrition Services

UCP/NYC offers nutrition screenings, interventions and counseling by a registered nutritionist in collaboration with an interdisciplinary team of primary health care practitioners. Their goals are to prevent disease, speed recovery and maintain wellness by designing a health management program that meets the individual's outcome objectives, particularly for those who have chronic health issues. Services include:

- health promotion
- disease management
- individual counseling
- weight control groups for children and adults with eating disorders



**Manhattan**  
**(212) 677-7400, ext. 200**

**Brooklyn**  
**(718) 436-9387, ext. 100**

## United Cerebral Palsy of New York City Health Care Services

### SCHEDULING AN APPOINTMENT

UCP/NYC operates two main Health Care Centers—one each in Manhattan and Brooklyn—which serve residents of the five boroughs of New York City, as well as the surrounding metropolitan area. Satellite facilities in the Bronx and Staten Island offer additional locations for access to some health care services. All facilities are completely wheelchair accessible. Please call in advance to schedule an appointment.

#### **Manhattan**

122 East 23rd Street, 2nd Floor  
New York, New York 10010  
(212) 677-7400, ext. 200

#### **Brooklyn**

175 Lawrence Avenue, 1st Floor  
Brooklyn, New York 11230  
(718) 436-9387, ext. 100



### HOURS

UCP/NYC's Health Care Centers are open weekdays from 9:00 a.m. to 7:00 p.m. and Saturdays from 9:00 a.m. to 1:00 p.m.

### PAYMENT

We accept Medicaid, Medicare and private health insurance. Our staff will gladly assist in completing all necessary forms.

### TRANSPORTATION

UCP/NYC's Health Care Centers are easily accessible by public transportation.

**MANHATTAN:** #6, N/R, E/F subway trains to 23rd Street

#23 cross-town bus to E. 23rd St. & Lexington Ave.

M1, M2 and M3 buses to E. 23rd St. & Park Avenue South

**Brooklyn:** F train to 18th Avenue

B8 bus to E. 2nd St. and 18th Avenue

On-street parking is also available in the neighborhood

## United Cerebral Palsy of New York City

With more than 50 years experience in the disability field and more than 20 years of service as an Article 28 Clinic licensed by the New York State Department of Health, United Cerebral Palsy of New York City is a leader in health care services for people with disabilities and their families. In addition, our medical and clinical staff are specialists in their respective fields with years of accumulated experience. All are fully licensed and supervised.

Beyond health care, UCP/NYC offers a wide array of programs and services which support individuals with disabilities in leading more independent and productive lives. These include services in the area of education, employment, housing, respite, recreation, adult day programs, family support and assistive technology.

For more information on UCP/NYC's general services, including intake, information and referral, telephone:

### **PROJECT CONNECT**

United Cerebral Palsy of New York City  
Toll Free 1 (877) UCP-CONNECT, ext. 237  
or  
(212) 979-9700, ext. 237

### **HEALTH CARE CENTERS**

#### **Manhattan**

122 East 23rd Street, 2nd Floor  
New York, NY 10010  
(212) 677-7400, ext. 200  
Fax: (212) 529-2071

#### **Brooklyn**

175 Lawrence Avenue, 1st Floor  
Brooklyn, NY 11218  
(718) 436-9387, ext. 100  
Fax: (718) 436-8101

E-mail: [infoucpc@aol.com](mailto:infoucpc@aol.com)

Web Site: [www.ucpnyc.org](http://www.ucpnyc.org)



PRIMARY MEDICAL

REHABILITATION

SPECIALTY SERVICES





### UCP/NYC: A Health Care Leader

For over 20 years, United Cerebral Palsy of New York City (UCP/NYC) has specialized in meeting the complete health care needs of individuals with disabilities and their families. Our philosophy is one which supports the active participation of the individual consumer in every phase of the health care process.

With unique services like our **nurse case managers** who coordinate patient care from the first date of an individual's visit, UCP/NYC's emphasis is on providing quality, patient-sensitive health care. Our highly trained staff of clinicians and assistants have years of experience in working with people with disabilities and focus particularly

on the communication necessary for the most effective treatment and services. Our health care staff also understand the importance of preventive care, a major component of UCP/NYC's medical care program.



### Primary and Specialty Medical Services

Primary and specialty services include:

- |  |               |
|--|---------------|
| Primary Medical Care                       | Audiology     |
| Adult Neurology                            | Optometry     |
| Gynecology                                 | Ophthalmology |
| Nursing Case Management & Health Education | Orthopedics   |
| Dental                                     | Podiatry      |
| Developmental Pediatric Services           | Psychiatry    |
| Pediatric Neurology                        | Physiatry     |

### Mental Health Services

UCP/NYC is pleased to make available a wide array of mental health services to assist with all aspects of an individual's and his/her family's needs. These include:

- Psychiatric Evaluations
- Medication Management and Review
- Psychological Testing
- Psychosocial Assessment



### Mental Health Services continued...

- Developmental and Behavioral Evaluations
- Individual and Group Counseling
- Family Therapy
- Marriage Counseling



- Sexuality Counseling
- Counseling for Eating Disorders
- Support Groups for Parents and Siblings

### Rehabilitation Services

UCP/NYC's 50 years of experience in working with individuals with physical disabilities have made our staff recognized leaders in the rehabilitation field. The comprehensive range of rehabilitation services available include:

- |                             |                           |
|-----------------------------|---------------------------|
| Occupational Therapy        | Physical Therapy          |
| Speech Pathology Therapy    | Adaptive Equipment        |
| Augmentative Communication  | Rehabilitation Counseling |
| Ergonomic Assessments       | Aquatic Therapy           |
| Health and Fitness Training | Therapeutic Recreation    |
| Computer Access Assessments |                           |



### Dental Services

UCP/NYC's Dental Clinic is conveniently located in Manhattan and offers a full range of routine and specialized dental care for both a pediatric and adult population. Facilities are especially adapted for individuals in wheelchairs.

Services include:

- examinations and cleanings
- sealants
- x-rays
- fluoride treatments
- fillings
- dentures
- crowns
- oral hygiene instruction
- simple extractions
- nutritional counseling
- root canals



### Audiology Services

UCP/NYC uses state of the art diagnostic equipment in providing comprehensive hearing health services at our Audiology Clinic in Brooklyn. In addition, hearing screenings are offered at locations in Manhattan, Brooklyn, the Bronx and Staten Island. Hearing services are available to

everyone—infants, children, young adults and seniors—whether disabled or non-disabled. Services include:

- on-site audiological evaluations
- off-site audiology screenings
- neonatal hearing screenings (brain stem response)
- hearing aid evaluations and prescriptions
- hearing aid maintenance and repair
- aural rehabilitation (listening devices, training, counseling)
- cerumen management



### Adaptive Equipment Services

UCP/NYC's Adaptive Equipment Clinics—located in Manhattan, Brooklyn, the Bronx and Staten Island—assist with both the long-term needs of those with chronic disabilities as well as the short-term needs of those with temporary disabilities. Our physiatrists, occupational therapists, and physical therapists provide highly personalized services and follow-up. They can assess, prescribe, order, maintain and repair a full range of

adaptive equipment and rehabilitation devices, including:

- mobility equipment (wheelchairs, scooters, walkers)
- seating and positioning systems
- customized moldings for wheelchairs
- orthotics and prothotics (braces, splints, customized body jackets)
- augmentative communication devices
- activities of daily living equipment
- home environment adaptations

### Augmentative Communication Center



UCP/NYC's Augmentative Communication Center is centrally located in Manhattan and features state-of-the art equipment and services for individuals who have speech and language impairments or who are non-speaking. The Center serves both children and adults from throughout the metropolitan area.

Services include:

- evaluation and acquisition of augmentative communication devices, systems and access switches
- training of users and their caregivers/families
- equipment maintenance

### Technology Resource Centers

UCP/NYC's Technology Resource Centers (*TechWorks*) are



located in Manhattan and Brooklyn and serve all of New York City. They offer the latest information on assistive technology (AT) products and services. They also offer on-site demonstration of a range of AT devices for telecommunications access, play and recreation, environmental controls, daily living, computer access, and home and workplace access.

Services include:

- assistive technology information and referral
- Internet services, including access to AbleData, a computerized database of over 27,000 AT products
- assistance in identifying funding resources
- lending library for product catalogs, books, videos, switches, adapted toys, and computer software
- equipment exchange program
- consumer and parent training/presentations

