

UCP/NYCS ADULT DAY SERVICES

United Cerebral
Palsy of New
York City (UCP/NYC)

is pleased to offer a continuum
of adult day opportunities for
individuals who are 18 years

of age or older and who are developmentally
disabled with physical or mobility impairments.
Services are provided in the boroughs of the
Bronx, Brooklyn, Manhattan and Staten Island.

UCP/NYC welcomes adults with disabilities
who seek challenging and varied opportuni-
ties to learn new skills, pursue individual
interests, and attain lifelong goals and dreams.
Depending on the specific program—supported
employment, employment training or day habili-
tation—UCP/NYC offers valuable and creative
opportunities for:

- gaining new skills
- becoming more independent
- joining in community activities
- contributing to the lives of others
- engaging in meaningful work

Individualized service plans (ISP's), which
emphasize person-centered planning,
encourage consumers to participate in de-
signing and choosing their own activities. In
addition, individuals who participate in adult
day services may easily access clinical and
rehabilitation services through UCP/NYC's
Health Care Centers.

ABOUT UCP/NYC

UCP/NYC is the
leading nonprofit
agency in New York City
providing direct services, technol-
ogy and advocacy to children
and adults with cerebral palsy

and related disabilities.

The agency was founded in 1946 by parents of
children with cerebral palsy during an era when
no community or school-based services existed.
Since that time, UCP/NYC has been at the fore-
front nationally in developing residential, educa-
tional, recreational, vocational, clinical, technologi-
cal and family support services that address the
diverse needs of people with disabilities and their
families. Currently, over 10,000 individuals and
their families benefit from our services every year.

UCP/NYC's mission is to provide the highest quali-
ty services in health care, education, employment,
housing and technology resources that support
people with cerebral palsy and related disabilities
in leading independent and productive lives.

For information about UCP/NYC
programs and services contact:

Project Connect
United Cerebral Palsy of NYC
120 East 23rd Street, 5th Floor
New York, NY 10010

TEL: (212) 979-9700, ext. 720
TOLL FREE: 1 (877) UCP CONNECT, ext. 720
FAX: (212) 260-7469

To look us up on the World Wide Web:

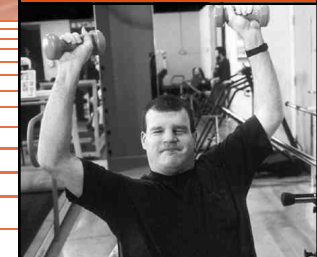
www.ucpnyc.org



United Cerebral Palsy of New York City



**ADULT
DAY
SERVICES**



Creating opportunities
toward independence.

EMPLOYMENT OPPORTUNITIES FOR SKILLED AND DEPENDABLE WORKERS

SUPPORTED EMPLOYMENT offers individuals with disabilities the opportunity to seek and attain jobs in the community and to earn a competi-

“ I feel like I reached a goal. I have an apartment and a job. The people I work with make me feel like I'm part of a team, and they were surprised to find out I travel to work by public transportation—the same way they do.”

— Kelly Clark, Brooklyn Supported Employment Program



tive wage. An individual's skills and abilities are matched with an employer's needs to create a viable employment situation.

Once an individual has secured a job, UCP/NYC maintains an ongoing presence in the employee's work life for as long as needed.

Job coaches provide on-site skills training, help with work site adjustments, assist with adaptive technology, and offer ongoing counseling and support.

Currently, supported employment workers are employed in diverse settings, including small businesses, major corporations, large retail stores and supermarkets, and government and nonprofit organizations. Their job responsibilities are wide ranging, from data entry and clerical support, to stocking and warehouse activities, to general maintenance, messenger and delivery work.

EMPLOYMENT TRAINING is geared to motivated individuals who are capable of working in a structured, highly supervised environment on UCP/NYC premises. Workers are paid either an hourly wage (service work) or piece-rate (contract work), according to their speed, productivity and capability. Through employment training, many individuals acquire the skills necessary to transition to supported employment and jobs in the community.

Training opportunities at UCP/NYC include:

- reception and clerical duties
- data entry and word processing
- maintenance/custodial
- mailroom and messenger services
- bench assembly, shrink wrapping and packaging
- Stor 'N Save cardboard box business

In addition, mobility (travel) training is provided to those individuals who are preparing for supported employment and need to learn to travel independently from their home to the workplace.

“ I was a good student, so now I volunteer at an elementary school and tutor five- and six-year olds with their reading and math. Since UCP taught me how to travel on the bus, I can even get there on my own.”

— Tameka Hill, Brooklyn Day Habilitation Program



DAY HABILITATION: MOVING TOWARD GREATER INDEPENDENCE

DAY HABILITATION PROGRAMS focus on skills development, increased self-sufficiency, volunteer opportunities, and community integration. Participants work with staff to choose and design a unique set of activities to meet their individual needs and interests.

Activities include but are not limited to:

- educational classes, including those leading to a GED and those held on college campuses
- volunteer work at hospitals, schools and nonprofits
- exercise & fitness training
- computer training
- entrepreneurial activities
- mobility (travel) training
- writing, art and photography groups
- community gardening
- community excursions that explore the diverse cultural and recreational aspects of New York City
- activities that promote self-sufficiency

“ At Evening Hab, I enjoy my hobby of photography as well as learning more about computers. I love going out on different trips too.”

— Bruce Brennan, Manhattan Evening Habilitation



UCP/NYC also offers an evening habilitation program in Manhattan.

